



King County

PROCLAMATION

WHEREAS, King County employees have participated for many years in the American Heart Association's annual Puget Sound Heart and Stroke Walk; and

WHEREAS, the Heart and Stroke Walk is the American Heart Association's premiere fundraising event with more than 1 million participants walking in 350 events across the U.S., and the Puget Sound Heart and Stroke Walk is one of the largest Heart Walk events in the nation; and

WHEREAS, this fun and family-friendly event promotes physical activity as part of a heart-healthy lifestyle, while raising funds for research programs to fight heart disease, stroke, and other cardiovascular diseases; and

WHEREAS, the 2012 Puget Sound Heart and Stroke Walk raised over \$1.6 million, including more than \$28,113 generated by teams that included King County employees, their family members, and friends; and

WHEREAS, through their participation in the Heart and Stroke Walk, King County employees—and all participants—make a significant contribution to the fight against heart disease and stroke; and

WHEREAS, the 2013 Puget Sound Heart and Stroke Walk will be held on Saturday, October 26, 2013 at Seattle Center.

NOW, THEREFORE, I, Dow Constantine, Executive of King County, do hereby proclaim Saturday, October 26, 2013 to be

American Heart and Stroke Walk Day

in King County. I encourage all residents to participate in the Puget Sound Heart and Stroke Walk and to help in the fight against heart disease and stroke.



Dow Constantine

Dow Constantine
King County Executive